

Tadcaster York Sport Swim Squad

(Affiliated to Swim England North East Region)

'Back-to-School Blast'

Held under ASA Laws and ASA Technical Rules. Level 3 Licensed Meet – Licence No: 3NE231140

Date & Venue

Saturday 2nd September & Sunday 3rd September 2023
at York Sport Village, Lakeside Way, York, YO10 5FG

About

A friendly meet designed to give all swimmers a chance to race together and have fun, whether it is their first meet or they are trying new longer distance events.

Meet Details

Short Course Meet with automatic timing:

- 50m all strokes
- 100m all strokes including 100m Individual Medley
- 200m all stroke including 200m Individual Medley (200m Fly is only age 11 and over)
- 400m Individual Medley (11 and over), 400m Free (11 and over)
- 800m & 1500m Free (12 and over)

- Age groups from 9 years to 13 years & over (with exceptions listed above).
- Age as at 3rd September 2023
- All events are Heat Declared Winners
- Integrated heats will be seeded on submitted 25m pool times
- 400, 800 & 1500m races will be mixed heats

If applicable, restrictions related to Covid-19 will be published separately.

Awards

Top 3 for 9 years, 10 years, 11 years, 12 years and 13 years & Over combined (Boy & Girl categories)
Swimmers who swim faster than the cut off time will receive a Speeding Ticket

Entries

- Cost:
 - £10 per 800m and 1500m event
 - £8 per 400m event
 - **£6 all other events**

- For shorter distances entries are encouraged from new swimmers.
- Minimum 2 events per swimmer
- Accepted entries will be available to view online; entry only via www.openmeets.co.uk
- Entry times can be modified online until the day before the meet

- Meet opens for entries on **1 May 2023**. Entries will be accepted on a first-come-first-served basis. Once the meet is full it will be closed and notified to clubs on Open Meets.
- Results will be available online shortly after the gala ends.

- Spectator admission £5 per session
- Coaches pass: £15, inclusive of start sheets

Contact: TYSSSgala@gmail.com

TYS Back-to-School Blast

Saturday 2nd September 2023

Session 1

13:00 Warm Up

14:00 Start

- 101. **Mixed** 400m Freestyle
- 102. Boys 100m Backstroke
- 103. Girls 100m Backstroke
- 104. Boys 200m Breaststroke
- 105. Girls 200m Breaststroke
- 106. Boys 50m Freestyle
- 107. Girls 50m Freestyle
- 108. Boys 200m Butterfly
- 109. Girls 200m Butterfly

Sunday 3rd September 2023

Session 2

08:00 Warm Up

09:00 Start

- 201. **Mixed** 1500m Freestyle
- 202. Boys 100m Individual Medley
- 203. Girls 100m Individual Medley
- 204. Boys 200m Backstroke
- 205. Girls 200m Backstroke
- 206. Boys 100m Breaststroke
- 207. Girls 100m Breaststroke
- 208. **Mixed** 400m Individual Medley
- 209. Boys 50m Butterfly
- 210. Girls 50m Butterfly
- 211. Boys 200m Freestyle
- 212. Girls 200m Freestyle

Session 3

TBC Warm Up

TBC Start

- 301. **Mixed** 800m Freestyle
- 302. Girls 50m Backstroke
- 303. Boys 50m Backstroke
- 304. Girls 100m Butterfly
- 305. Boys 100m Butterfly
- 306. Girls 200m Individual Medley
- 307. Boys 200m Individual Medley
- 308. Girls 50m Breaststroke
- 309. Boys 50m Breaststroke
- 310. Girls 100m Freestyle
- 311. Boys 100m Freestyle

TYS Back-to-School Blast

Swimmer must be SLOWER than these (no faster than) cut-off times:

BOYS	9yrs	10yrs	11yrs	12yrs	13&over*
50m Freestyle	37.20	34.80	31.60	29.60	24.01
100m Freestyle	None	1:09.90	1:05.50	1:01.70	52.21
200m Freestyle	None	2:33.00	2:26.00	2:19.00	1:53.02
400m Freestyle	n/a	n/a	4:57.00	4:50.50	3:54.32
800m Freestyle	n/a	n/a	n/a	None	None
1500m Freestyle	n/a	n/a	n/a	None	None
50m Backstroke	47.20	41.10	37.30	35.20	26.72
100m Backstroke	None	1:21.70	1:17.50	1:12.30	57.95
200m Backstroke	None	3:00.10	2:46.50	2:36.50	2:07.44
50m Breaststroke	49.70	44.70	41.70	38.60	30.01
100m Breaststroke	None	1:35.40	1:23.20	1:21.10	1:04.74
200m Breaststroke	None	3:29.60	3:05.50	3:04.00	2:18.91
50m Butterfly	44.10	39.00	35.90	33.30	24.40
100m Butterfly	None	1:16.10	1:16.10	1:09.30	54.74
200m Butterfly	n/a	n/a	2:47.40	2:32.50	2:06.08
100 I.M.	1:36.40	1:28.60	1:22.60	1:15.30	59.02
200 I.M.	None	2:55.10	2:44:00	2:37.10	2:07.71
400 I.M.	n/a	n/a	5:24.70	5:11.00	4:32.84

* 13 years and over times lowered on 19-04-2023 and new version of cut-off times shared

TYS Back-to-School Blast

Swimmer must be SLOWER than these (no faster than) cut-off times:

<u>GIRLS</u>	9yrs	10yrs	11yrs	12yrs	13&over*
50m Freestyle	37.70	35.20	32.40	31.20	26.55
100m Freestyle	None	1:09.00	1:05.60	1:01.50	57.81
200m Freestyle	None	2:34.00	2:24.00	2:15.30	2:00.82
400m Freestyle	n/a	n/a	5:05.00	4:40.70	4:14.70
800m Freestyle	n/a	n/a	n/a	None	None
1500m Freestyle	n/a	n/a	n/a	None	None
50m Backstroke	47.80	40.10	36.60	35.30	28.52
100m Backstroke	None	1:19.50	1:15.20	1:11.20	1:01.92
200m Backstroke	None	2:56.80	2:43.20	2:34.60	2:13.35
50m Breaststroke	50.30	45.60	41.70	39.50	33.68
100m Breaststroke	None	1:31.00	1:24.90	1:20.70	1:10.10
200m Breaststroke	None	3:21.70	3:06.80	2:55.50	2:33.33
50m Butterfly	44.60	39.10	35.90	34.40	28.49
100m Butterfly	None	1:20.70	1:15.20	1:08.50	1:02.65
200m Butterfly	n/a	n/a	2:45.60	2:35.10	2:21.91
100 I.M.	1:37.30	1:29.60	1:21.80	1:18.30	1:06.71
200 I.M.	None	2:53.00	2:42.50	2:33.00	2:16.95
400 I.M.	n/a	n/a	5:24.50	5:18.80	4:54.80

* 13 years and over times lowered on 19-04-2023 and new version of cut-off times shared

TYS Back-to-School Blast

Rules

1. The promoter for this event is Jessica Hendon.
2. This is a Level 3 Licensed Meet (Licence No 3NE Pending). Times achieved are eligible for Yorkshire and North East Region Championships.
3. The Competition will be held under ASA Laws & ASA Technical Rules.
4. The one start rule will apply.
5. Over the top starts will be used at the Referee's discretion. Swimmers are requested to remain in the water until asked to leave the pool.
6. A strobe is available if required – coaches/team managers to arrange this with the Lead Referee.
7. All events will be heat declared winners. 400, 800 & 1500m races will be mixed heats.
8. The Referee's decision is final.
9. The pool is 25m long, 8 lanes with anti-wave lane ropes and electronic timing. A shallow pool swim down facility will be available during the sessions (it will be withdrawn if not properly used).
10. No outdoor shoes to be worn on the poolside. Footwear must be worn outside the pool area.
11. Ages are as at Midnight on *Sunday 3rd September 2023*.
Age Groups are 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs & Over for all events except 200m Fly and races 400m and over.
Age Groups are 11 yrs, 12 yrs, 13 yrs & Over for 200m Fly; 400m Free; 400 IM.
Age Groups are 12 yrs, 13 yrs & Over for 800 & 1500 Free.
12. Entries must be made **online** at www.openmeets.co.uk.
13. Submitted times are to be based on 25m pool times, or converted 50m pool times by use of the ASA Conversion Tables, and should be slower than the published cut-offs. Swimmers can be entered with "No Time" but an estimated time is preferable.
14. The closing date for entries is **20th July 2023**, or earlier if the meet is full.
15. Entries will be accepted on a first come, first served basis by available event. Once the meet is full it will be closed and notified to invited clubs on Open Meets.
16. Should entries be over-subscribed, the promoter reserves the right to limit entries by rejection of the last entries to be received. There will be 24 swimmers allowed for the 800 freestyle, and 16 swimmers for the 1500 freestyle with entries rejected as described above.
17. Withdrawals - All entry withdrawals should be submitted online by 9pm on 2nd September 2023. Withdrawals will only be refunded on medical grounds (proof required).
18. All swimmers must report to the marshalling area 6 heats prior to their heat, or when called.
19. The fees for this event are **£6** for each individual entry for all races except 400m, 800m and 1500m. The fees for 400m events are **£8** for each individual entry. The fees for 800m and 1500m events are **£10** for each individual entry.
Minimum 2 entries per swimmer.
20. Coaches **MUST** wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and Coaches/Team Managers with a valid Coaches pass will be allowed on poolside.
21. Full Coaches passes are priced at **£15.00** each for the weekend and include start lists. At least one pass must be purchased per team. Passes must be worn on poolside and returned at the end of the meet.
22. Coaches and Team Managers are requested to ensure their swimmers respect the officials and are silent at the start of each heat.
23. Swimmers must not enter the spectator gallery whilst wet or without appropriate footwear and clothing.
24. Medals will be made as follows:
Age groups 9yrs, 10yrs, 11yrs, 12yrs, 13yrs & over – Top 3 for boys and girls
Swimmers who swim faster than the cut off time will receive a Speeding Ticket
25. All awards are to be collected from the awards table during the meet.
26. Admission for spectators will be **£5 per session - the balcony will be cleared between sessions**. Depending on restrictions imposed by the venue at the time of the gala, spectator tickets might need to be limited.
27. Any point not covered by these rules will be at the discretion of the Lead Referee and the Promoter.